



Yarnell
Meals on Wheels
22302 S. Hwy 89
Wednesday
October 18, 2017
11:00 a.m.—12:30 p.m.

Supervisor Simmons encourages you to take advantage of the flu shots being offered in your community by Yavapai County Community Health Services.

Benefits: The annual flu vaccine is the best way to reduce the chances that you will get the seasonal flu and spread it to others. The more people who get vaccinated against the flu, the less the flu will spread throughout the community.

Who Should get the Flu Vaccine: Everyone should receive an annual flu vaccine. Protecting yourself from the flu also protects the people around you who are more vulnerable to serious flu associated illnesses such as: infants, older adults, and anyone with a chronic condition.

Does the Flu Vaccine Work Right Away? No, it takes about two weeks after receiving the flu vaccination for the antibodies to develop in the body and provide protection against the flu. That's why it's better to receive your flu vaccination as soon as available or early in the season.

